



## Soultarian Menu

Crab Cake Sandwich	\$13.00
<i>Shredded zucchini, corn, crab seasoning with a vegan remoulade</i>	
Yard Bird	\$13.00
<i>Fried chicken seitan with soul sauce lettuce tomatoes and dill pickle slaw</i>	
Vegan Half Smoke	\$12.00
<i>Beyond Plant-based sausage, with grilled peppers, onions and brown mustard</i>	
Greens and Grains Bowl	\$11.00
<i>Spring mix greens, Ancient grain blend, and vegan protein (chicken, beef, shrimp)</i>	
Shrimp Po' Boy	\$13.00
<i>Fried Breaded Konjac with lettuce, tomatoes, peppers, and vegan remoulade</i>	
Vegan Wings (6pc)	\$12.00
<i>Chicken drummies with buffalo, thai chili, or jerk sauce and vegan ranch</i>	
Vegan Steak and Cheese (or chicken)	\$12.00
<i>Shredded vegan steak peppers, onions, lettuce, tomatoes, vegan mayo and cheese</i>	
Soul Burger	\$12.00
<i>Beyond meat plant-based burger lettuce, tomato, onion, and special sauce</i>	
Soul Daddy	\$13.00
<i>Beyond Meat plant-based burger, lettuce tomato caramelized onion vegan bacon vegan cheese</i>	